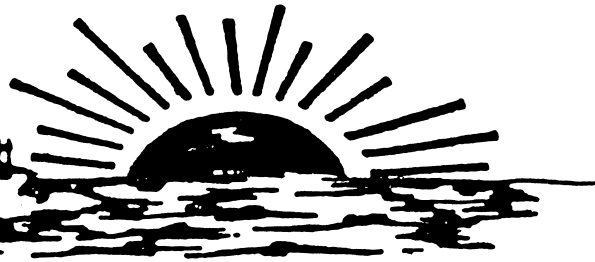




# Morgensolen Nyheter



[www.morgensolen.org](http://www.morgensolen.org)

Volume XXXIV-Number 8 November 2008

## Kalender

### “Memories from Norway” & Election of Officers

Friday, November 14th

**Saturday, November 8, 2008:**

Executive Board, at 12 noon, West Lake Asian Cuisine, 495 Center St. (Route 28) Wolfeboro, NH.

**Friday, November 14, 2008:**

Lodge Meeting; 7:30 p.m. Social; 8:00 p.m. Business with Officer Election; Masonic Hall, Beverly.

**Saturday, November 22, 2008:**

Norumbega Scandinavian Fair, 10 a.m. to 3 p.m.; Regional High School; Acton, MA.

**Saturday, November 29, 2008:**

Birka's Swedish Yule Fair to be held on Saturday, November 29<sup>th</sup> at the Hamilton/Wenham Community House from 9 a.m. to 2 p.m.

**Saturday, December 13, 2008:**

Julefest; 5:30 p.m.; Masonic Hall, Beverly.

### Bring Stories and Artifacts to Share



One of Morgensolen's more successful and interesting evenings is the "Memories from Norway" night. It has been several years since we hosted this event but it always proves to be a great mix of culture, traditions, artifacts and family lore.

Members are urged to bring your stories, photos, books, journals, letters, etc. to share with the lodge. If you have any documents that are really precious, you should take care and make sure that they are in a protective plastic sleeve or frame (we do drink a lot of coffee at meetings you know).

Dottie Knutson is the hostess for the evening. Please contact Dottie if you have any questions regarding the event.

Also, it is important that you be present at this meeting as we will be electing officers for the upcoming year. We'll see you there!



**Sons of Norway  
Morgensolen Lodge No. 545**

Unless otherwise noted, regular meetings second Friday of the month at the Masonic Temple, 20 Washington St.; Beverly, MA. Deadline for submission of articles for publication is the 15th of the month.

**Social 7:30 p.m.  
Meeting 8:00 p.m.**

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Before my Wisconsin trip in late September, I appointed Dick Berg, Stan Fredriksen, Debbie Jackson, Dottie Knudson and Dee Larson to serve on a nominating committee to develop an officer slate for 2009. Stan convened them in my absence. Debbie volunteered to chair the group. My charge was, that in keeping with the new International S/O/N

guidelines for "streamlining" lodge operations, they nominate the following officers: **president, vice president, secretary, treasurer, editor, cultural director, membership chair and a [3] year trustee.** In the near future, the Lodge would think through the need for other appointed or elected officers and act accordingly. The nominating committee will present their slate for election at our November 14<sup>th</sup> meeting.

We are moving ahead with plans for our participation in **Norumbega Lodge's Scandinavian Fair** to be held on Saturday, November 22<sup>nd</sup> at the regional high school in Acton, MA. (see flyer enclosed). At the time of this writing, we are prepared to staff our own gift, book, lefse and krumkake tables. In addition, we are participating in the raffle. All the proceeds from our tables will come to Morgensolen which will include our raffle ticket sales.

Norumbega has been most kind in inviting our participation and could certainly use additional Morgensolen members to help out. If you are able to do so, contact Kristianne ASAP. Thanks to my colleagues on the Nordic Fest Committee for hanging in.

Finally, be sure to catch the enclosed flyer and support **Birka's Swedish Yule Fair** to be held on Saturday, November 29<sup>th</sup> at the Hamilton/Wenham Community House from 9 a.m. to 2 p.m.

**Fra presidenten**  
[Decorative border]

Thanks to Sharon Guidara for hostessing our Oct. 17 meeting. The pot luck dinner was well received as usual and the program following was a helpful discussion which tied in with our long range planning. We are grateful to John Gregg for leading the discussion and Kristianne Widman-Johnson for volunteering to note key points on the big easel. And, not to be forgotten, tusen takk to all who helped set-up, serve and clean up.

*FRATERNALLY,  
HARRY*



## *Third District Today*

*A Publication of District 3, Sons of Norway  
Website: <http://www.SofN3D.org>*

*From the President*

*November 2008*

Hei Alle Sammen,

What a great weekend in Jensen Beach FL for the Leif Erikson regatta. The weather trolls were nearby all weekend but they never made a full appearance and the festivities all went without any major problems. We had to look for a lee to conduct the races but that meant just shifting our chairs form one side of the causeway to the other side. President Nilsen and the entire lodge deserve a lot of credit for putting on a great weekend. Congratulations to all the participants and a special well done to the winner Gateway to Florida and a welcome back to competition for the Lauderdale lodge who not only looked good but came in third. It was fraternalism at its best as we had representatives in attendance from almost 20 lodges including two lodges from Norway. Put this event on your schedule for next year.

As usual, Gulfstream had its membership table well manned. At last count they had signed up 3 new members and collected names of over 30 potential members. If you don't ask people to join, they probably won't join, so please ask.

The fall brings SON lodges many opportunities. For many of our lodges this is the time of year when they generate most of their income to carry them through the year. This is also the time of the year when our membership normally grows. Our fall bazaars and Christmas functions are very



important in both categories. Headquarters can help in many ways to enhance your events from publicity on the web site to handouts, ideas and posters. Check the supply catalog.

With all the many lodge functions going on in the next few months I hope that we all can all find time to visit other lodges. To me one of the greatest benefits of the SON is the many friendships that develop through meeting other SON members.

This is a great time of the year to take a short ride and say hello to another lodge.

Our fall board meeting will take place November 1 at LOV. In addition to the board and the LOV board we will have representatives from Headquarters in attendance along with our International Director and the International Secretary and we normally have a few guests who come up for the fellowship. While the meeting hours are long we normally find time to enjoy each other's company.

Please keep the Secretary and Publicity Director advised of any events or schedule changes that your lodge may have.

I am looking forward to meeting with many of you this fall during my travels around the District.

Fraternally

Ralph Peterson

President

# Gratulerer med dagen



Happy Birthday to the following birthday babies from all the rest of us at Morgensolen! If you have a birthday in a given month and your name does not appear on the list, please contact your Editor.

- 5 Barbara French
- 14 Bente Bogaard
- 15 Dorothy Knudson
- 20 Christina Medeiros
- 23 Malene Ydstebo Bassett
- 23 John S. Johansen
- 26 Sue Wolfendale
- 27 Vivian Peterson
- 28 Judy Mack
- 28 Kenneth Smith

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# Til minne



It is with great sadness that we bring you the news of the death of Alice V. Newman. Alice and her husband, Lester, were Charter Members of Morgensolen Lodge. Alice will always be remembered for her dedication and her musical abilities she brought to the lodge functions. She always had a smile on her face. Thinking back, "How many of us were paraded around during the initiation ceremony to music by Alice?"

Our deepest sympathy goes out to the Newman family at this time of loss.

## Alice V. Newman



MANCHESTER-BY-THE-SEA — Alice V. (Granstrom) Newman, 86, wife of the late Rev. Lester I. Newman, died Monday, Oct. 13, 2008 at Essex Park Rehabilitation and Skilled Nursing in Beverly.

Born in Evanston, Ill. she was the daughter of the late Martin and Viola (Norrlin) Granstrom. Mrs. Newman was a beloved preschool teacher in the Magnolia, Gloucester and Manchester area for 30 years.

She guided and engaged two generations of Cape Ann children, instilling in them her shining qualities of encouragement and joy of learning, faith, respect and love. A woman of exquisite voice and musical ability she was called to join God's angelic choir at age 86. She was the devoted wife of Rev. Lester I. Newman for 58 years who preceded her death in 2003. She assisted her late husband at the many guest appearances at churches in the Cape Ann area. She is dearly remembered by those who have known her for her gentle spirit as a devoted mother and grandmother. Mrs. Newman and her late husband were long time members of the First Parish Church Congregational in Manchester by the Sea, the local chapter of VASA of the Morgonsulen Scandinavian Club.

She is survived by her four children, Steve Newman and his wife Nancy of Gloucester; Susan Wriggins and her husband Walt of Pleasanton, Calif., Thomas Newman and his wife Liz of Charlottesville Va., and Sally Newman of Moravia, N.Y. She is also survived by ten adoring grandchildren, Shawn, Deborah and Crystal Newman of the Gloucester area, Travis and David Newman of Charlottesville, Matthew Wiggins of Port Lucie, Fla. Alexa Wiggins of Oakland, Calif., Rebecca Zulka and husband Bryan of San Diego, Jason Howell of San Fransisco, Bethany Freeling and her husband Marcus of Richmond, Calif; one great granddaughter Mariposa Lily (Posey) Freeling. She is also survived by two sisters and one brother, Aina Beckman and her husband Stan of Seattle, Doris Johnson of Chicago, and Richard Grandstrom and his wife Trudi of Greenlake, Wis., and her entire extended family. Grateful acknowledgement to Pam Gledhill for her years of devoted care and companionship of Alice and Lester in their later years.



# SONS OF NORWAY

## Sports & Recreation

*By Phil Nelsen, Sports & Recreation Director*

### Third time is a charm!

#### THE ZONE SPORTS MEDAL CHALLENGE

Introducing the first zone sports medal challenge! Bronze, silver, gold or enamel medals will be awarded.

Here's how it works:

1. Each zone in the 3<sup>rd</sup> district will compete against each other.
2. The object is for each member of each lodge to start the sports medal program.... NOW!
3. This annual program will be from June 1<sup>st</sup> 2008 - May 31<sup>st</sup> 2009 and also June 1<sup>st</sup> 2009-May 31<sup>st</sup> 2010 and the winning zone for each year will be announced at the 2010 convention in June.
4. The awards for each zone will be on a per capita basis...in other words number of medals divided by the number of members in the zone (based on the most recent 3-D directory). In other words if there are 27 medals earned in a zone of 550 members (27 divided by 550=.049 or 4.9%). The highest percentage wins. The awards will be provided by the third district and have not yet been determined. Just start moving now!

Remember, this is by ZONE and possibly it will bring zones together and work and/or socialize with each other giving strength and comradery to the district....use your imagination. The Zone director will get the award and distribute within the zone as he or she sees fit.

Zone directors have enough work to do so I will not ask them to police it but I am asking them to announce and introduce it to the presidents and/or sports directors of each lodge in your zone and have them send the medal forms to Phil Nelsen, 3D Sports Director, not the zone director.

They can fax it, e-mail it or snail mail it; Fax number is the same as my home phone, 727-461-7746.

Go to <http://www.sofn.com/members/showPage.jsp?document=SportsMedalProgram.html> to learn more about the various sports medal programs.



## **Sons of Norway Blog**

As you may know, Sons of Norway launched a blog (e.g. an online journal that is updated frequently with news and other tidbits) earlier this year. Since then it has provided real-time coverage of the 2007 Norwegian Experience winner's trip to Norway, Norway's participation in the 2008 Summer Olympics in China and the 60th Biennial International Convention in San Diego.

During the holiday season the Sons of Norway Blog will host a number of articles on Norwegian Christmas traditions, holiday recipes and links to interesting Norwegian-related websites. Please take a moment to visit the blog and see all the new posts. To view the blog go to [www.sonsofnorwayblog.blogspot.com](http://www.sonsofnorwayblog.blogspot.com).

Also, to keep up on all the newest information and announcements from the Sons of Norway Headquarters, make sure to add [sonsofnorway@sofn.com](mailto:sonsofnorway@sofn.com) to your "trusted" e-mail list. We've heard from a lot of members who have been missing out on important announcements because they have not done so and the e-mails have been redirected to their spam folder.

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# Blog

